

# Get Fit in LIFE

Fitness classes for the whole family

Healthy Living Centre, Intake, Doncaster, DN2 5LS

**From  
only £4**

(discounts for family sessions)

including



Military



Boxercise



Parkour Et  
Urban Movement



Circus Skills



Latin Et Salsa



Zumba

...and more

**Try us  
for FREE**

Call  
01302 638668

# No long term membership required

Our 12 week fitness courses have been created to allow the whole family to get fit without the need to join the gym.

Limited class sizes  
so to avoid disappointment  
book now on:

**01302 638668**

or visit us online at:

**[www.lifecic.com](http://www.lifecic.com)**

## Adults

Zumba

Latin, Ballroom  
& Salsa

Boxercise

## Youth

Parkour &  
Urban Movement

Circus Skills

Boxercise

Military Fitness

## Family

Circus Skills

Zumba

Family  
Boot Camp



Healthy Living Centre, Intake, Doncaster  
(Includes on site parking)